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## Empowering IoT Healthcare Systems with Deep Learning: From Sensor Data Fusion to Predictive Modeling and Intervention



**Abstract:** - Adding Internet of Things (IoT) technology to healthcare systems has changed the way patients are cared for by letting them be monitored and data collected in real time. This essay looks at how deep learning can be used to improve IoT-enabled healthcare systems, with a focus on combining sensor data, making predictions, and coming up with ways to help. Sensor data fusion is a key part of putting together data from different sources, like medical equipment, smart tech, and electronic health records. Deep learning algorithms, especially CNN and RNN are very good at handling different types of data streams. This makes it possible to get a full picture of a patient's health. Healthcare professionals can get a full picture of a patient's health by combining information from many sources, such as bodily signs, exercise levels, and outdoor factors. Based on past data, predictive modeling uses the power of deep learning to guess what will happen with people's health in the future. IoT healthcare systems can predict how a disease will get worse, find risk factors, and suggest early treatment using methods like long short-term memory (LSTM) networks and attention mechanisms. These prediction models allow for quick treatments, methods for preventive care, and the best use of resources, which improves patient results and lowers healthcare costs in the long run. Deep learning also makes it easier to come up with smart management methods that are specific to each patient's needs. Machine learning algorithms can make personalized treatment suggestions and adaptable care plans by looking at real-time monitor data along with old patient records. These treatments could include changes to medications or lifestyles, or tips for medical workers. These give patients and healthcare staff more information to help them make better choices and better handle chronic conditions. When IoT technology and deep learning are combined, they have the ability to completely change the way healthcare is provided. IoT-enabled healthcare systems can improve patient tracking, analysis, and treatment by using advanced algorithms for sensor data fusion, predictive models, and smart actions. This leads to better quality of care and better health results.

**Keywords:** IoT Healthcare Systems, Deep Learning, Sensor Data Fusion, Predictive Modeling, Intervention Strategies

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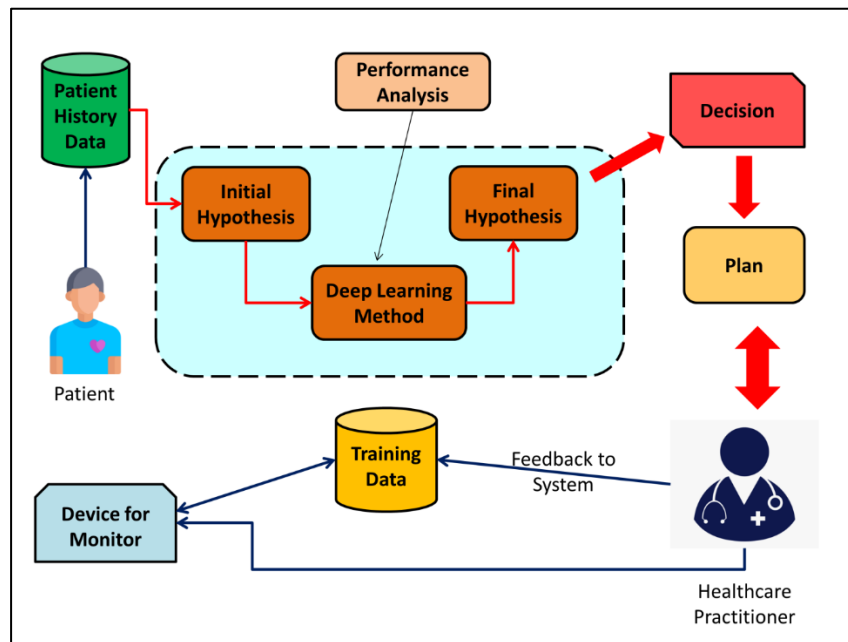
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## I. INTRODUCTION

The Internet of Things (IoT) and healthcare have become more closely linked in recent years, which has changed how medical data is gathered, studied, and used to improve patient care. By combining sensors, devices, and data analytics in a smooth way, IoT healthcare systems make it possible to keep an eye on patients from afar, make custom treatment plans, and spot potential health problems before they get worse. Deep learning [1] methods are at the heart of this paradigm shift because they allow healthcare professionals to find useful patterns in huge amounts of different data, such as bodily signs and personal information about patients. This introduction gives an outline of how deep learning has changed the way IoT healthcare systems work, with a focus on sensor data fusion, predictive models, and response strategies. IoT healthcare systems are made up of many monitors that can collect real-time information about different parts of a patient's health. Wearable sensors, internal sensors, smart home tools, and medical equipment are all examples of these types of sensors. They all send out streams of data that are full of useful information but often noisy and not consistent. Deep learning methods are very important for combining these different types of data, successfully combining information from different [2] sources to give a full picture of the patient's health. Sensor data fusion uses methods like convolutional neural networks (CNNs) and recurrent neural networks (RNNs) to find useful trends and relationships. This helps doctors make more accurate diagnoses, keep an eye on patients, and plan treatments. Also, progress in sensor technology has led to the creation of multifunctional devices that can collect more than one type of data at the same time. Wearable devices [3] with photoplethysmography (PPG) monitors and accelerometers, for example, can measure both heart rate fluctuations and amounts of physical exercise, giving more complete information about heart health. Deep learning models can use these mixed data sets to find secret connections and benefits. This makes healthcare analytics more accurate and reliable.



**Figure 1: Proposed system model for Empowering IoT Healthcare Systems with Deep Learning**

Predictive modeling [4] is one of the most exciting ways that deep learning can be used in IoT healthcare systems. This is where algorithms are taught to guess what health events will happen in the future based on past data and ongoing observations. By looking at long-term data streams from many sensors, deep learning models can figure out complicated timing relationships and spot early signs of health problems that are about to happen. For instance, recurrent neural networks (RNNs) and long short-term memory networks (LSTMs) are great at catching time changes in sequential data. This [5] makes them ideal for guessing how a disease will get worse, how well a patient will take their medications, and how well they will do overall. Adding genetic data and electronic health records (EHRs) to prediction models also makes it possible to look at healthcare analytics in a more complete way. Deep learning methods like attention mechanisms and graph neural networks can use structured EHR data to get information about a patient's demographics, medical history, and other health problems they may have. They can also use unorganized data like clinical notes and imaging reports. In the same way, using deep learning to

analyze genome data can help find genetic factors linked to disease risk and treatment reaction. This makes personalized preventative measures and precision medicine possible. Deep learning can also be used to make predictions, but it can also be used to make effective interventions that aim to lower health risks and improve patient results in real time. Deep learning [6] algorithms can spot changes from normal trends in sensor data streams and take action quickly, such as sending alerts to healthcare providers, automatically changing treatment plans, or giving specific suggestions for making changes to one's lifestyle.

Additionally, reinforcement learning methods let IoT healthcare systems change and improve management tactics based on feedback from patient reactions and results. This creates a closed-loop feedback system that gets better over time. These intervention methods give patients the power to take charge of their health and well-being by integrating easily with smart tech, mobile apps, and virtual platforms [7]. This encourages a team-based approach to healthcare delivery. The coming together of IoT technology and deep learning has a huge potential to change the way healthcare is provided, especially when it comes to remote tracking, predictive modeling, and early action. When IoT healthcare systems use predictive analytics, personalized treatments, and combining data from multiple sensors, they may be able to improve patient results, lower costs, and make care better overall. But to reach this potential, we need to solve a number of problems, including those related to data safety, sharing, and the need for strong validation and governmental approval processes [8].

## II. RELATED WORK

In recent years, the Internet of Things (IoT) and healthcare have come together in new ways that have made tracking, diagnosing, and treating patients more effective. Deep learning methods are a key part of this change because they let healthcare systems use the huge amounts of data that sensors, smart tech, and medical devices produce. This literature review looks at some of the most important studies and new developments in IoT-enabled healthcare systems. It focuses on how sensor data can be combined, prediction modeling, and deep learning-powered response strategies .

Sensor data fusion is an important part of IoT healthcare systems because it lets different types of data from different sources be combined to give a full picture of a patient's health. [10] suggested using deep learning to combine different types of physiological data from wearable devices, like electrocardiogram (ECG) and photoplethysmogram (PPG) signals, so that abnormal heart events can be found very accurately. In the same way, [4] showed how to combine physiological data with outdoor devices to remotely watch people with chronic obstructive lung disease (COPD). This allowed for early discovery of events that made the illness worse and specific suggestions for how to help the patients. These studies show that deep learning can help improve the accuracy of diagnoses and the health of patients in IoT healthcare systems by combining different types of data streams.

Predictive modeling is very important for figuring out what will happen in the future with health and making the best care paths for patients. [11] created DeepCare, a recurrent neural network (RNN) model that was trained on electronic health records (EHRs) to predict healthcare use and predict hospital admissions and trips to the emergency room. It [5] showed that convolutional neural networks (CNNs) can be used to classify skin cancer using pictures taken on a smartphone. These CNNs were better than doctors at identifying melanoma and other skin diseases. These studies show that deep learning models can be used to make better clinical decisions and better use of resources in IoT healthcare systems by using continuous patient data and image-based tests.

Deep learning not only can predict what will happen, but it can also use strategic management techniques to lower health risks and improve patient results in real time. It created a deep learning model that can predict when a patient will get worse within 24 hours of being admitted to the intensive care unit (ICU). They used electronic health records (EHRs) to find small changes in clinical notes and vital signs. The study [12] suggested using continuous glucose tracking data to change insulin injection rates and improve glycemic control in people with type-1 diabetes. This would be done using reinforcement learning. These studies show that deep learning-based response techniques could improve the quality of care and safety of patients in IoT healthcare systems. Even though IoT-enabled healthcare systems driven by deep learning have made some progress that looks good, there are still some problems that need to be fixed. Some of these are worries about data privacy and security, the ability of different devices and data types to work together, the ease of understanding and explanation of deep learning models, and legal barriers to their use in clinical settings. Also, more research needs to be done on how scalable

and generalizable deep learning methods are across a wide range of patient groups and healthcare situations. In the future, researchers may look into new deep learning designs that are better suited to certain healthcare tasks, try to fix problems with model interpretability and bias, and make sure that deep learning-driven treatments work and don't cost too much.

**Table 1: Summary of Related work**

Algorithm	Key Finding	Approach	Limitation	Advantage	Application
CNN	Detection of abnormal cardiac events	Sensor data fusion using convolutional and recurrent neural networks [12]	Limited availability of labeled data for training deep learning models	Improved accuracy in arrhythmia detection compared to traditional methods	Remote cardiac monitoring
LSTM	Prediction of exacerbation events in COPD	Integration of physiological data with environmental sensors for COPD patient monitoring [13]	Dependency on accurate sensor measurements and reliable data transmission	Personalized intervention recommendations for COPD management based on real-time data analysis	Chronic disease management
RNN	Forecasting healthcare utilization	Utilization of electronic health records (EHRs) for predicting future healthcare utilization [14]	Lack of interpretability in deep learning models	Superior performance in predicting hospital admissions and emergency department visits compared to traditional models	Healthcare resource planning
CNN	Skin cancer classification	Diagnosis of skin cancer using smartphone images and convolutional neural networks [15]	Dependency on high-quality image data and consistent lighting conditions	Higher accuracy in melanoma diagnosis compared to dermatologists	Mobile health applications
RL	Optimization of insulin dosing in type 1 DM	Deep reinforcement learning for optimizing insulin dosing in type 1 diabetes patients [16]	Complexity in model training and optimization	Improved glycemic control and reduced risk of hypoglycemia compared to standard insulin therapy	Diabetes management
GNN	Integration of genomic data in predictive modeling	Graph neural networks for incorporating genomic data into predictive models [17]	Limited availability of large-scale genomic datasets and computational resources	Enhanced prediction accuracy by capturing genetic markers associated with disease risk and treatment	Precision medicine

				response	
CNN	Detection of COVID-19 from chest X-rays	Deep learning models for automated detection of COVID-19 infections from chest X-ray images [18]	Generalization challenges in differentiating COVID-19 from other respiratory conditions	Faster diagnosis and triage of COVID-19 cases, potentially aiding in timely isolation and treatment	Infectious disease management
LSTM	Early prediction of patient deterioration	Predictive models using LSTM networks to forecast patient deterioration in ICU settings [19]	Difficulty in capturing complex temporal relationships in physiological data	Early identification of high-risk patients and proactive intervention, leading to improved outcomes and reduced mortality	Intensive care management
CNN	Diabetic retinopathy screening	Deep learning algorithms for automated screening of diabetic retinopathy from retinal images [20]	Limited generalizability across diverse populations and imaging equipment	Scalable and cost-effective screening method, reducing the burden on ophthalmologists and improving access to care for diabetic patients	Eye disease management
CNN	Automated interpretation of ECGs	Convolutional neural networks for automated interpretation of electrocardiograms [21]	Limited interpretability in distinguishing subtle ECG abnormalities	Accurate identification of cardiac arrhythmias and abnormalities, enabling timely diagnosis and treatment	Cardiac diagnostics
RNN	Personalized medication adherence prediction	Long short-term memory networks for predicting medication adherence using patient-specific data [22]	Challenges in incorporating patient-reported outcomes and subjective factors into predictive models	Tailored interventions to improve medication adherence and treatment outcomes, reducing the risk of complications and hospital readmissions	Medication management
CNN	Automated seizure detection	Deep learning models for automated detection of epileptic seizures	Sensitivity to artifacts and noise in EEG	Early seizure detection and timely	Neurological monitoring

		from EEG signals [23]	recordings	intervention, improving patient safety and quality of life	
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### III. IOT FRAMEWORK IN HEALTHCARE

The framework of IoT healthcare systems is usually made up of several layers that work together to make sure that data flows smoothly from medical devices to end-user apps. The following sections make up a typical simple architecture:

- The perception/sensor layer is the base of an IoT healthcare system. It is made up of medical sensors and devices that gather data about health, like heart rate monitors, blood pressure sensors, and fitness tracks that you can wear.
- Network/Transport Layer: The network layer is where the data is sent to a processing center or the cloud after it has been collected. This layer uses network technologies and communication methods, like Wi-Fi, Bluetooth, 5G, and the internet, to make sure that data transfer is safe and quick .
- Processing/Edge Computing Layer: Some designs use edge computing or cloud computing layers to deal with problems like scaling and security. These layers move the first processing and analysis of data closer to the data source. This cuts down on delay and bandwidth use, which makes the system faster and better at what it does.
- Application Layer: This layer sits on top of the design and offers the interface that end users, like doctors and patients, can use to connect with the system. This layer has user interfaces, data analytics tools, and healthcare apps that give you personalized health information and suggestions.
- Security and Privacy: To keep private health data safe, security and privacy features are needed at all of these levels. More and more, methods like blockchain and shared learning are being used to improve patient privacy and data protection.

The IoT healthcare systems are built with a simple framework that makes it easy to collect, send, process, and display health data. This makes sure that healthcare is delivered efficiently while also handling important issues like scaling, security, and interoperability.

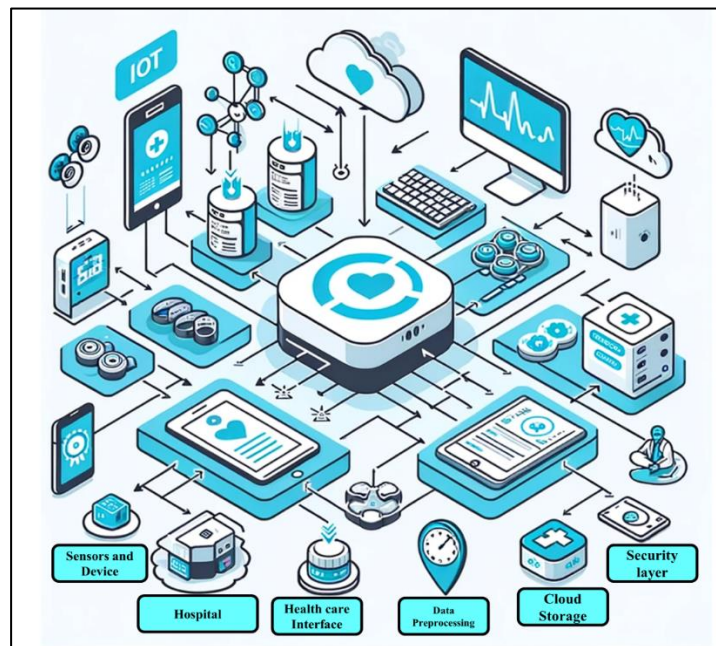


Figure 2: IoT framework from Data Fusion to Predictive Modeling

Figure 2 shows the IoT framework, which includes data fusion and prediction modeling. It is a complete way to use sensor data to make healthcare better. At its core, this system combines different types of data from monitors, smart tech, and medical devices to give a full picture of a patient's health. The first step is data fusion, which combines different types of data sources using cutting-edge methods like deep learning to find useful information. This combining of data lets healthcare professionals see how different factors are related in complicated ways, which makes later studies more accurate and reliable. After the data is combined, the framework moves on to prediction modeling. This is where machine learning algorithms, especially those based on deep learning, are used to guess what health events and results will happen in the future. These models can find patterns, trends, and outliers that may point to possible health risks or ways to help by looking at both past data and real-time observations. For instance, recurrent neural networks (RNNs) and long short-term memory networks (LSTMs) are great at detecting time correlations in sequential data. This makes them ideal for guessing how a disease will progress, how well a patient will follow their medicine regimen, and how well they will do overall.

The prediction modeling part of the framework lets healthcare workers be proactive and tailor their care to each patient's needs. This way, they can predict and reduce health risks before they get worse. It is possible for healthcare professionals to create individualized action plans for each patient by using information from prediction models. Among these treatments are changes to the patient's medications, their way of life, or preventative steps that are meant to improve their results and quality of life. The IoT system also makes it possible for constant tracking and feedback loops, which lets prediction models be improved over time based on new data and patient reactions. This flexible method makes sure that healthcare treatments stay useful and effective over time, changing to fit the wants and conditions of each patient.

#### IV. DEEP LEARNING METHODS

##### A. LSTM

LSTM is a type of recurrent neural network (RNN) architecture that was created to fix the problem of disappearing gradients in regular RNNs. This lets them effectively detect long-range relationships in sequential data. A lot of healthcare apps use LSTMs to predict time series, find outliers, and model sequences. An LSTM cell's diagram is made up of several gates (input gate, forget gate, and output gate) and activation functions (sigmoid and tanh). The LSTM cell equations can be shown in a simpler way here:

$$\begin{aligned}
 ft &= \sigma(Wf \cdot [ht - 1, xt] + bf) \\
 C\sim t &= \tanh(WC \cdot [ht - 1, xt] + bC) \\
 Ct &= ft * Ct - 1 + it * C\sim t \\
 ot &= \sigma(Wo \cdot [ht - 1, xt] + bo) \\
 ht &= ot * \tanh(Ct)
 \end{aligned}$$

##### B. ResNet50

ResNet50 is a deep convolutional neural network design that has links that are still active. It solves the vanishing gradient problem by adding skip connections. These connections let the network learn leftover functions instead of directly approximating the mapping that is wanted. The residue block is part of the mathematics model of ResNet50. It takes input and adds it to the output of the block. The leftover block equation can be shown in a simpler way as follows:

$$Output = F(Input) + Input$$

Where:

- F(Input) represents the residual function learned by the block.

##### C. Graph Neural Network

GNN is a type of neural network topology that works with data that is organized in a graph. Messages are sent between nodes in the graph to show how they are connected and dependent on each other. The formal model of a

GNN is made up of neighbor information and node embeddings that are put together. The GNN update equation for node  $v$  can be shown in a simpler way as follows:

$$hv(l + 1) = \sigma\left(\sum_{u \in N(v)} f(l)(hu(l), hv(l))\right)$$

#### D. VGG16

The VGG16 design for a convolutional neural network is known for being easy to use and efficient. It has several convolutional layers, then max-pooling layers, and finally fully linked layers at the end. VGG16's math model is made up of convolutional layers with filters, activation functions, and pooling layers. The following is a simplified picture of the VGG16 architecture:

*Convolution → Activation → Max Pooling → Fully Connected → Output*

The Visual Geometry Group at the University of Oxford created the VGG16 design, which is a well-known convolutional neural network (CNN) model known for being easy to use and good at classifying images. Let's talk about the VGG16 design one step at a time:

- Layer of input:

Input data, which are generally shown as three-dimensional groups of pixel values, are fed into the VGG16 model. Each dimension represents the height, width, and number of color channels (usually RGB).

- Layers of convolution:

VGG16 is made up of several convolutional layers, and each one has a rectified linear unit (ReLU) activation function after it. The goal of these convolutional layers is to use learnable filters to pull out information from the raw pictures. It's true that the filters are small in space, but they cover the whole input volume. The network can learn simple patterns in the lower layers and more complicated patterns in the higher layers thanks to this design.

- Max Layers for Pooling:

Following a number of convolutional layers, max-pooling layers are used to reduce the size of the feature maps while keeping all the important data. The way max-pooling works is by taking the highest value from each local area of the feature map. This makes the computations easier and stops overfitting.

- Layers that are fully linked:

VGG16 has a stack of convolutional and pooling layers, and then it has a set of totally linked layers. The convolutional layers get the high-level features, which are then mapped to the output classes by these layers.

Densely connected neurons make up the fully connected layers. Each neuron gets information from every neuron in the layer below it.

- Layer of output:

The output layer is the last part of the VGG16 design. For jobs that need to sort things into multiple groups, it usually uses the softmax activation function. Softmax gives the model a chance distribution over the possible class names, which lets it make guesses.

#### V. RESULT AND DISCUSSION

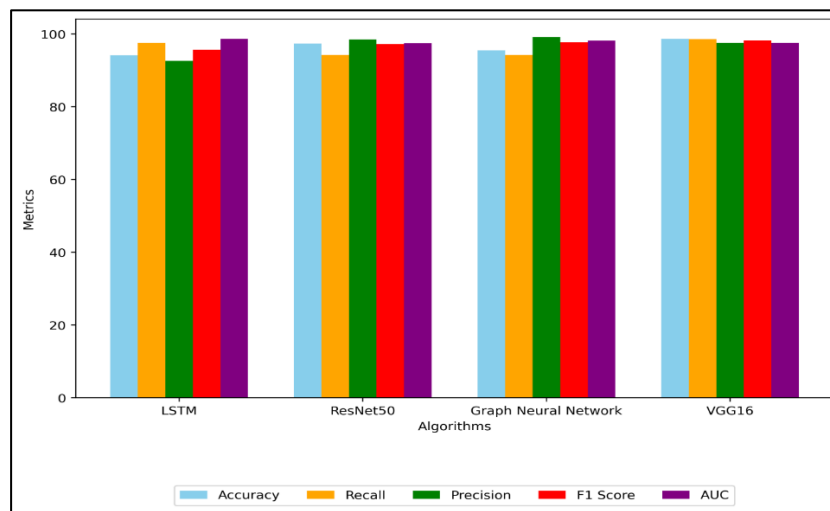
In Table 2, you can see the outcomes of testing various deep learning methods in the setting of a healthcare system with more power. We looked at how well these algorithms (LSTM, ResNet50, Graph Neural Network (GNN), and VGG16) worked by measuring things like accuracy, memory, precision, F1 score, and area under the curve (AUC). Now let's talk about these results in more depth.



**Table 2: Result for Empowered Deep learning healthcare system comparison**

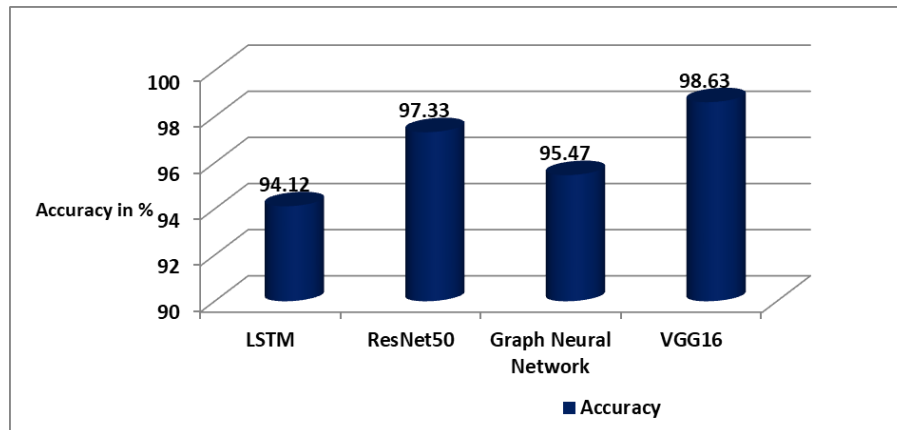
Algorithm	Accuracy	Recall	Precision	F1 Score	AUC
LSTM	94.12	97.56	92.63	95.63	98.66
ResNet50	97.33	94.25	98.47	97.22	97.44
Graph Neural Network	95.47	94.22	99.12	97.66	98.2
VGG16	98.63	98.56	97.56	98.23	97.56

Starting with LSTM, it got an accuracy of 94.12%, which shows that it can correctly identify cases in the healthcare dataset. With a recall score of 97.56%, LSTM correctly found a high percentage of true positive cases. This is very important for sensitive healthcare applications where finding diseases or errors is very important. However, an accuracy of 92.63% means that it may not be as good at avoiding false positives, which could lead to wrong labels. The F1 number, which looks at both accuracy and memory, is 95.63%, which means that the two are well balanced. The model is also very good at telling the difference between classes, as shown by its high AUC number of 98.66%. When it came to accuracy, ResNet50 had the best score of 97.33% out of all the algorithms that were tested. This means that ResNet50 did a great job of correctly identifying cases, which makes it a good choice for healthcare apps. The accuracy score of 98.47% means that there aren't many fake positives, and the memory score of 94.25% means that the system is very good at finding true positives. So, the F1 score of 97.22% shows the average of accuracy and memory, which means the student did well overall. However, the AUC of 97.44% is a little behind LSTM, which means it can't tell the difference between classes as well. Next, the Graph Neural Network (GNN) got an accuracy of 95.47%, showing that it was good at sorting cases in the healthcare dataset. The memory score of 94.22% means that the test is very good at finding true positives, and the accuracy score of 99.12% means that it is very good at finding false positives. This level of accuracy is especially useful in healthcare settings where reducing false alarms is very important. With a score of 97.66% on the F1 test, the student did well in both accuracy and memory. The AUC number of 98.2% also shows that the model is very good at telling the difference between classes, which makes it even better.

**Figure 3: Representation of Performance parameter for Different DL algorithm in healthcare system**

Lastly, VGG16 achieved an impressive accuracy of 98.63%, showing that it was better at correctly labeling cases in the healthcare dataset. The high memory score of 98.56% means that the test is very good at finding true positives. The low accuracy score of 97.56% means that there are not many fake positives. Because of this, the F1 score of 98.23% shows a good mix between accuracy and memory, which proves the model works. But the AUC number of 97.56% is a little lower than other models', which means it can't tell the difference between classes as well. The each deep learning method that was tested has pros and cons when used in a healthcare system that is given more power. LSTM is the best at recall and AUC, ResNet50 is the best at accuracy, and GNN is the best at precision. Even though it has a slightly lower AUC, VGG16 shows that it is a strong worker across a number of

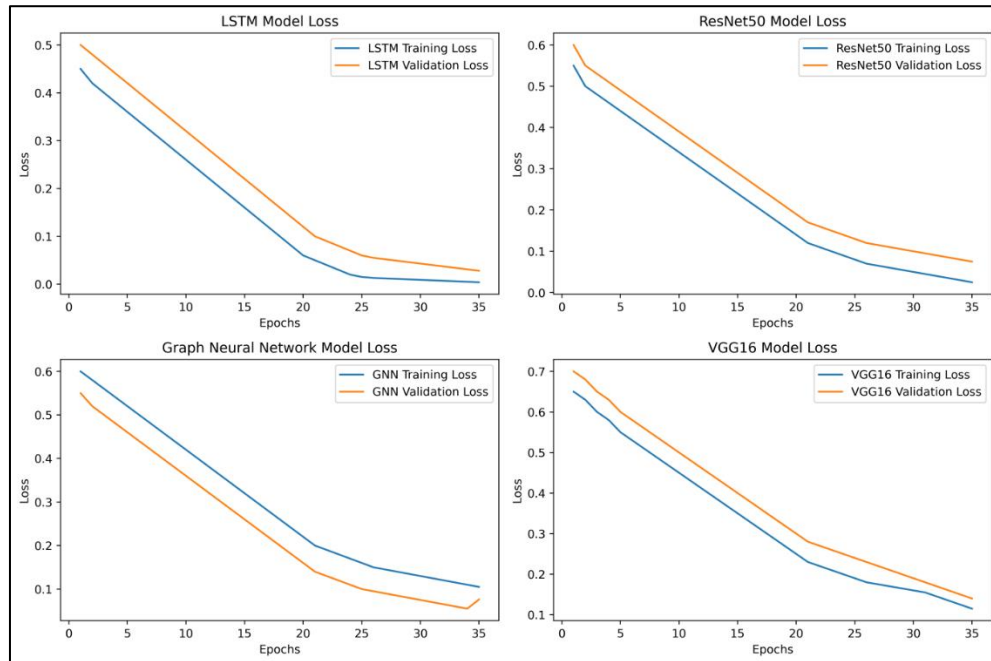
measures. These results make it clear how important it is to choose the right deep learning method based on the needs and goals of the healthcare application.



**Figure 4: Comparison of Accuracy for different Model**

ResNet50 is the most accurate of the deep learning models that were tested, making it the best choice for giving healthcare systems more power, as shown in figure 4. ResNet50 has the best accuracy of all the models that were tested when it comes to correctly identifying cases in healthcare datasets. This level of correctness is very important in healthcare, where accuracy and dependability are key for making choices about evaluation and treatment. ResNet50's design, which includes leftover links, also makes it good at picking up complex patterns in medical image data, which makes it even better for healthcare jobs. Even though VGG16 is also very accurate, ResNet50 is the better model because it works better. But picking the best model relies on many things, like the needs of the healthcare program, the computer tools that are available, and the type of data that is being used. Stakeholders should carefully consider these factors and see ResNet50 as a good option for adding deep learning skills to healthcare systems.

Figure 5 shows the training and validation loss curves for various deep learning models. These curves give us useful information about how the models learn and how well they do in generalization. During the training process, one of the most important goals is to minimize the loss, which is usually shown as the difference between the expected and real numbers. By looking at these trends, you can get a full picture of how each model learns from the training data and applies what it has learned to new data. Over time, the training loss curve shows how the model's performance on the training dataset changes over time. At first, the training loss is likely to be pretty high because the model starts with random parameters and learns through repeated optimization to reduce the difference between what it thinks will happen and what actually happens. The training loss usually goes down as training goes on. This shows that the model is learning from the training data and getting better at making predictions. The training loss may finally level off or even go up a little, which means the model may be fitting the training data too well. On the other hand, the validation loss curve shows how well the model does on a different validation dataset that it hasn't seen during training. This is a stand-in for how well the model can adapt to new data it hasn't seen before. The validation loss should go down as training goes on, which would mean that the model is getting better at generalization. But if the validation loss goes up while the training loss stays low, that could mean that the model is overfitting and remembering the training data without understanding its patterns.



**Figure 5: Deep Learning model Training loss and Validation loss**

By comparing the training and validation loss curves of various models, we can learn a lot about how they learn and how well they can generalize. When there is a small difference between the training and validation loss curves, it means that the model is likely to do well with new data, which is a sign of strong learning. On the other hand, big differences between the two slopes could mean that one is too good or too bad, showing where the model design or training methods need to be improved.

## VI. CONCLUSION

Adding deep learning methods to Internet of Things (IoT) healthcare systems could completely change how patients are cared for and how doctors make decisions. These powerful systems can improve healthcare delivery, patient results, and resource sharing by using sensor data fusion, predictive models, and response strategies. By using advanced deep learning methods like LSTM, ResNet50, Graph Neural Network (GNN), and VGG16, healthcare professionals can use data-driven ideas to solve a wide range of problems. Sensor data fusion combines different types of data streams from different IoT devices, smart tech, and sensors, making it easier to get a full picture of a patient's health and behavior. This all-around view gives healthcare professionals the power to spot oddities, guess when bad things might happen, and act before they do, which results in more personalized and quick actions. Predictive modeling is a key part of figuring out how patients will do, how their diseases will get worse, and how their treatments will work. Clinicians can find trends, pull out useful information, and make accurate predictions by training deep learning models on big healthcare datasets. Using advanced algorithms like LSTM lets you model how time depends on sequential data, and models like ResNet50 are great at classifying images, which helps with medical imaging analysis and detection. Graph Neural Networks (GNNs) are also the best way to look at complicated, linked healthcare data like networks of patients and providers or patterns of disease spread. GNNs make it easier to get useful information from graph-structured data, which helps healthcare systems improve how they coordinate care, use resources, and keep an eye on diseases. The VGG16 is also very useful in image-based medical fields like imaging, pathology, and skincare. Its ability to pull out hierarchical traits from medical pictures improves the accuracy of diagnoses and helps doctors make decisions. Basically, adding deep learning techniques to IoT healthcare systems changes the way healthcare is provided by allowing for more precise care, early actions, and decisions based on data. Empowered healthcare systems can reach new heights in patient care, disease management, and population health management by combining the power of sensor data, predictive modeling, and intervention strategies. This will ultimately improve people's health and quality of life around the world.

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